

HOW DOES

YOUR

GARDEN

GROW

Whether you're a green-fingered hobbyist or seasoned expert, **whatever you've got, it starts with a pot!** Get to grips with the basics of gardening with our handy guide!

COMPOSTING

Composting is ever increasing in the UK, and all around Europe. The EU has set a target that means all countries must recycle or compost 50% of household waste by 2020.

HOW TO COMPOST

DO NOT INCLUDE

Bones, bread, cat litter, cigarette ends, crisp packets, dairy, pet waste, meat scraps, plastic bags & bottles.

50% GREENS

Quick to rot, provides moisture and nitrogen.

Weeds
Vegetables
Coffee ground
Grass mowings
Old plants
Tea bags

50% BROWNS

Slower to rot, provides oxygen and air pockets

Autumn leaves
Cardboard
Egg boxes and shells
Paper bags
Vacuum cleaner contents
Wood ash

- 1 Find your site, ideally in a sunny spot on bare soil.
- 2 Add your ingredients; 50% Greens, 50% Browns.
- 3 Wait 9-12 months and let nature do it's work.
- 4 When the compost is thick brown & crumbly, it's ready.
- 5 Use on your own plants or let your local council collect.

BENEFITS

ENVIRONMENT



Natural alternative to chemical fertilisers.

SOIL CONDITIONER



Keeps soil moist for grass and plant growth.

RECYCLING



30% of household waste is recyclable.

ORGANISMS



Introduces organisms that break down soil.

REDUCES LANDFILL



Over 1/3 of landfill waste is compostable.

GROWING

Mix home compost with **regular soil** or **leaf mold** to create your own healthy potting mixture for patio containers

Give your potted plants an **extra boost** by removing the top few centimetres of soil, leaving gaps for soft stemmed plants.

Compost is great for growing herbs like **chives, mint** and **parsley**. Sprinkle around the base of the plant for healthier herbs.

Getting children involved can be tricky. Get them started by growing their own potted herbs and vegetables.

Kitchen Garden

Rosemary
Sage
Oregano
Basil

Tea Garden

Chamomile
Peppermint
Lemon balm
Spearmint

Butterfly Garden

Yarrow
Dill
Chives
Lavender

Pizza Garden

Basil
Parsley
Garlic
Tomato

LEARNING

Progressing your gardening from a hobby to a career path is easier than you think!

80%

of schoolteachers are unaware of the "vast career opportunities available" in gardening.

Askham Bryan College in York, young people made up only **20%** of horticultural students five years ago, while now this group accounts for **80%**

Horticultural specialist college Capel Manor, in Enfield, report a **25%** increase in demand this year from **16 to 18** year olds.